

**REGULATIONS FOR THE DEGREE OF  
BACHELOR OF NURSING (PART-TIME)  
(BNurs)**

M.211/616

*These regulations are applicable to candidates admitted to the first year of study in the academic year 2016-2017 and thereafter.*

*(See also General Regulations and Regulations for First Degree Curricula)*

**Admission to the Degree**

**N1** To be eligible for admission to the BNurs degree, candidates:

- (a) shall comply with the General Regulations;
- (b) shall comply with the Regulations for First Degree Curricula;
- (c) i. shall be registered as a Registered Nurse with the Nursing Council of Hong Kong or hold recognized equivalent qualifications; **or**  
ii. shall be registered as an Enrolled Nurse with the Nursing Council of Hong Kong or hold recognized equivalent qualifications; and
- (d) may be required to take a qualifying test of language ability and nursing knowledge.

**Period of Study**

- N2**
- (a) For candidates who are admitted in accordance with regulation N1 (c) (i), the curriculum for the BNurs degree shall normally extend over not fewer than two academic years. Candidates shall not be permitted to extend their studies beyond the maximum period of registration of four years of part-time study.
  - (b) For candidates who are admitted in accordance with regulation N1 (c) (ii), the curriculum for the BNurs degree shall normally extend over not fewer than four academic years. Candidates shall not be permitted to extend their studies beyond the maximum period of registration of six years of part-time study.

**Selection of Courses**

**N3** Candidates shall select their courses in accordance with these regulations and the guidelines specified in the syllabuses before the beginning of each semester.

**Progression in Curriculum**

- N4**
- (a) Candidates who are admitted in accordance with regulation N1 (c) (ii) are required to obtain a pass grade for all practicum courses.
  - (b) Candidates shall be recommended to discontinue their studies if they have
    - i. failed to complete successfully 12 or more credits in two consecutive semesters (excluding the summer semester), except where they are not required to take such a number of credits in the two given semesters; or
    - ii. failed to achieve an average Semester GPA of 1.0 or higher for two consecutive semesters (excluding the summer semester); or
    - iii. exceeded the maximum period of registration specified in the regulations of the degree N2.

### **Requirement for Graduation:**

- N5** To complete the curriculum, all candidates shall normally:
- (a) complete not fewer than 60 credits, in the manner specified in these regulations and the syllabuses if they are admitted in accordance with regulation N1 (c) (i); or
  - (b) complete not fewer than 168 credits, in the manner specified in these regulations and the syllabuses, which shall include 111 credits of theoretical courses and 57 credits of practicum courses in accordance with the syllabuses if they are admitted in accordance with the regulations of the degree N1 (c) (ii).

### **Assessment**

- N6**
- (a) Each course will be independently graded. There will be no cumulative or comprehensive test that contains content from more than one course. The weighting of each course depends on the credits assigned to it.
  - (b) Candidates shall be assessed for each of the courses for which they have registered, and assessment may be conducted in any combination of continuous assessment of coursework, written examinations and/or any other assessable activities. Only passed courses will earn credits.
  - (c) Candidates who are unable, because of illness, to be present at the written examination of any course may apply for permission to present themselves at a supplementary examination of the same course to be held before the beginning of the First Semester of the following academic year. Any such application shall be made on the form prescribed within two weeks of the first day of the candidate's absence from any examination. Any supplementary examination shall be part of that academic year's examinations, and the provisions made in the regulations for failure at the first attempt shall apply accordingly.
  - (d) Candidates shall not be permitted to repeat a course for which they have received a D grade or above for the purpose of upgrading.
  - (e) Candidates are required to make up for failed courses in the following manner as prescribed in the curriculum regulations:
    - i. undergoing re-assessment/re-examination in the failed course to be held no later than the end of the following semester (not including the summer semester); or
    - ii. re-submitting failed coursework, without having to repeat the same course of instruction; or
    - iii. repeating the failed course by undergoing instruction and satisfying the assessments.
  - (f) Course grades are determined by the assessments assigned by the course teacher. Some courses may not require a written examination. However, written examinations or tests shall normally be held at the end of each semester unless otherwise specified in the syllabuses.
  - (g) There shall be no appeal against the results of examinations and all other forms of assessment.

### **Grading System**

**N7** The grades, their standards and the grade points for assessment shall follow UG8 of the Regulations for First Degree Curricula.

(a) For all taught courses, the following shall apply:

<i>Grade</i>	<i>Standard</i>	<i>Grade Point</i>	
A+ } A } A- }	Excellent	4.3 4.0 3.7	
B+ } B } B- }		Good	3.3 3.0 2.7
C+ } C } C- }			Satisfactory
D+ } D }	Pass		
F		Fail	

(b) For all the practicum courses, candidates will receive a 'Pass' or 'Fail' grade. No indication of grade point will be given. Although the grade is not counted towards the calculation of the Grade Point Average (GPA), candidates admitted in accordance with regulation N1 (c) (ii) must obtain a 'Pass' for each individual practicum course in order to fulfill the requirement for graduation. (See Programme Outline for specific guidelines used to grade students during the nursing practica.)

### **Honours Classifications**

**N8** (a) Honours classifications shall be awarded in five divisions: First Class Honours, Second Class Honours Division One, Second Class Honours Division Two, Third Class Honours, and Pass. The classification of honours shall be determined by the Board of Examiners for the degree in accordance with the following Cumulative GPA scores, with all courses taken (including failed courses) carrying equal weighting:

<u><i>Class of honours</i></u>	<u><i>CGPA range</i></u>
<u>First Class Honours</u>	<u>3.60 – 4.30</u>
<u>Second Class Honours</u>	<u>(2.40 – 3.59)</u>
<u>Division One</u>	<u>3.00 – 3.59</u>
<u>Division Two</u>	<u>2.40 – 2.99</u>
<u>Third Class Honours</u>	<u>1.70 – 2.39</u>
<u>Pass</u>	<u>1.00 – 1.69</u>

(b) Honours classification may not be determined solely on the basis of a candidate's

Cumulative GPA and the Board of Examiners for the degree may, at its absolute discretion and with justification, award a higher class of honours to a candidate deemed to have demonstrated meritorious academic achievement but whose Cumulative GPA falls below the range stipulated in N8(a) of the higher classification by not more than 0.1 Grade Point.

- (c) A list of candidates who have successfully completed all degree requirements shall be posted on Faculty noticeboards.
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**SYLLABUSES FOR THE DEGREE OF  
BACHELOR OF NURSING (PART-TIME)  
(BNurs)**

M.212/616

*Part I: The following syllabuses are applicable to candidates who are admitted with “Registered Nurse” qualifications or equivalent.*

The Bachelor of Nursing (Part-time) Programme for Registered Nurses consists of 8 core courses, which must be taken by students both from generic and public health streams.

**CORE COURSES**

NURS1506*	Nursing and Public Health (6 credits)
NURS1514	Nursing Knowledge and Practice (6 credits)
NURS1516	Introduction to Statistics (6 credits)
NURS1517*	Introduction to Nursing Research (6 credits)
NURS2506*	Management and Leadership in Health Care (6 credits)
NURS2510	Epidemiology and Population Health (6 credits)
NURS2511	Professional Issues in Nursing (6 credits)
NURS2512*	Evidence Based Practice (6 credits)

**FOUNDATION COURSES**

For generic stream, students are required to take the following foundation courses:

NURS1515*	Health Assessment (6 credits)
NURS2521	Chronic Disease Management (6 credits)

For public health stream, students are required to take the following foundation courses:

NURS1513*	Promoting the Health of Individuals and Populations (6 credits)
NURS1509	Families in Health and Illness (6 credits)

Remarks: \* These courses are offered to both Enrolled Nurse and Registered Nurse students.

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Syllabuses are as follows:

**CORE COURSES**

**NURS1506 Nursing and Public Health (6 credits)**

This course provides an overview of the major concepts central to nursing and public health within a primary health care framework. Factors that influence the health of families, communities, and population groups will be discussed. Models for community assessment will be presented and will introduce students to the process of assessing the health status of communities and populations. Using an epidemiological approach, students will identify actual and potential population health care needs and will develop acceptable strategies to meet those needs within a primary health care framework.

Topics include: concepts of health and wellness; primary health care in Hong Kong; historical development of public health; determinants of health; preventive health at individual, family, and community level; community needs assessment; epidemiological concepts; primary health care

approaches to health problems; communicable disease control; home visiting; working with vulnerable populations; evaluation of health programs.

Assessment: 40% continuous assessment; 60% examination

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### **NURS1514 Nursing Knowledge and Practice (6 credits)**

This course locates contemporary nursing ideas and practices within a socio-historical context. It provides students with the opportunity to examine the changing nature of nursing knowledge and practices. It also enables them to explore emerging trends in knowledge development which inform nursing practice and research with particular emphasis on the trend towards evidence based nursing.

Topics include: historical context of nursing knowledge and practice, evidence-based practice, knowledge development in nursing, theory-research-practice link, and changing nursing practice.

Assessment: 100% continuous assessment

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### **NURS1516 Introduction to Statistics (6 credits)**

This course provides an introduction to the basic statistical concepts and methods used in nursing and health research. The emphasis is on key statistical concepts and the interpretation of research data rather than on mathematical calculations. Practical application of the statistical methods and concepts will be demonstrated throughout the course.

Topics include: measurement principles, descriptive statistics, approaches to qualitative analysis, inferential data analysis, and interactive statistical analysis.

Assessment: 40% continuous assessment; 60% examination

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### **NURS1517 Introduction to Nursing Research (6 credits)**

This course provides an overview of the research process aimed at helping students acquire basic research skills and knowledge of nursing research, and to appreciate its importance in nursing practice.

Topics include: purpose and types of research, defining research problems, conceptual and ethical context, research design, sampling procedures, data collection methods, measurement techniques, data quality, data analysis and interpretation.

Assessment: 40% continuous assessment; 60% examination

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### **NURS2506 Management and Leadership in Health Care (6 credits)**

This course examines the evolving role of nurse as manager and leader within the contexts of the health care team, complex health care organizations, and the health care system. It also analyzes international trends of health care and their application to nurse leaders within the changing Hong Kong healthcare scene. This course also provides students with the concepts and skills to analyse, plan, manage, and evaluate health care teams, health care organizations, and health care systems. Emphasis will be on putting theory to practice and the focus of the course is on concepts and skills that are applicable to nursing practice in both acute care and community health care settings.

Topics include: management theories, leadership, team building, delegation, supervision and negotiation, politics, power and health care, continuous quality improvement, change management, stress management, conflict management, financing and resource management, performance appraisal, designing and managing health care teams and health care systems, and legal and ethical issues in health care.

Assessment: 30% continuous assessment; 70% examination

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### **NURS2510 Epidemiology and Population Health (6 credits)**

This course will provide an introduction to epidemiological and demographic methods and will assist students in applying these methods to clinical practice. The course will cover concepts of disease causation and the natural history of disease. Through descriptive and analytic epidemiological methods students will examine patterns of disease and illness and the determinants of the health status of whole populations.

Topics include: etiology and the natural history of disease; descriptive and analytical epidemiology; disease surveillance and screening; epidemiology and the control of infectious diseases; epidemiology and the control of non-infectious diseases; environmental health; using epidemiological data in health planning and evaluation.

Assessment: 40% continuous assessment; 60% examination

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### **NURS2511 Professional Issues in Nursing (6 credits)**

This course provides students with the opportunity to examine professional nursing roles in the context of the changing sociopolitical and economic context of our society. Students will examine and analyse nursing values, issues and trends in light of broader socio-historical, political, and economic forces. Implications of current issues in health care delivery for nursing education, practice, and research will be addressed and to what extent nurses can enhance quality of care, professional status and the practice of nursing.

Topics: Historical context of nursing, professionalization and professionalism in nursing, educational preparation in nursing, power and politics, lobbying and political processes related to health care, health care reform, advocacy and empowerment, and future trends.

Assessment: 100% continuous assessment

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### **NURS2512 Evidence Based Practice (6 credits)**

This course will focus on the review of nursing research literature and research utilization through evidence-based practice. Students will develop the knowledge and skills to review, appraise, and disseminate the findings of nursing and health-related research studies. Steps include formulating clear clinical questions based on patient problems, selecting appropriate resources, searching the literature for relevant clinical studies, accessing and evaluating the evidence for its validity and applicability, and the implementation of relevant research findings into clinical practice.

Topics include: formulating clinical questions, finding evidence, levels of evidence, critical appraisal, systematic review and meta-analysis, utilization of research findings, the dissemination of research findings through oral and written reports, and translational research.

Assessment: 40% continuous assessment; 60% examination

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## **FOUNDATION COURSES FOR GENERIC STREAM**

### **NURS1515 Health Assessment (6 credits)**

This course emphasizes on the refinement of the nurse's data collection and problem identification skills so that the clinician has the necessary foundation for making comprehensive health and illness assessments and care plans. The focus is on a systematic presentation of normal and abnormal findings through physical examination. This course provides students an opportunity to practice assessment skills in laboratories.

Topics include: brief overview of relevant anatomy and physiology, assessment of health & illness, data collection process & techniques, history taking, physical examination of all bodily system.

Assessment: 30% continuous assessment; 25% laboratory performance; 45% examination

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### **NURS2521 Chronic Disease Management (6 credits)**

This course focuses on using current, evidence-based knowledge, skills and management tools to provide effective client-centred care for those with chronic health conditions in both the hospital and community setting. Students will examine the existing primary, secondary, and tertiary care models of health service delivery for clients with chronic diseases in Hong Kong and the issues related to disease self-management, disease progression and collaborative care.

Topics include: common chronic diseases in HK, models of care for chronic disease, chronic disease trajectories, self-management plans, risk assessment, hospital management and transition/discharge planning, community resources, economics of chronic disease management, and end of life issues advanced care planning.

Assessment: 50% continuous assessment; 50% examination

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## **FOUNDATION COURSES FOR PUBLIC HEALTH STREAM**

### **NURS1513 Promoting the Health of Individuals and Populations (6 credits)**

This course is designed to equip students with the theoretical and practical knowledge necessary to promote the health of individuals, groups, and populations across the lifespan. A thorough investigation and application of models and strategies in health promotion will provide students with the necessary skills to identify health problems and to plan, implement, and evaluate health promotion programs using primary health care principles and population health promotion approaches. The course integrates theory related to health promotion, learning, motivation, behavioural change, and group dynamics.

Topics include: Health promotion models, theories, and concepts, principles of teaching and learning, role of the nurse in health promotion, health promotion competencies, health promotion needs across the lifespan, healthy public policy, social marketing, evolution of health promotion movement, contemporary population health approaches to health promotion, critique and evaluation of health promotion, issues and trends in health promotion, and ethical issues in health promotion.

Assessment: 50% continuous assessment; 50% examination

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### **NURS1509 Families in Health and Illness (6 credits)**

This course is designed to facilitate the understanding of a systems approach to care of families experiencing health problems. Emphasis will be on exploring with the family their meaning of health, how the family maintains health and changes in family functioning as a result of a health problem. Nursing assessment and intervention strategies will be based on theory and clinical skills within the context of the family.

Topics include: assessment and intervention of families experiencing life shortening illness, families experiencing chronic illness and families experiencing psychosocial problems. The Calgary Family Assessment Model (CFAM) and the Calgary Family Intervention Model (CFIM) will provide the framework for assessment and intervention strategies.

Assessment: 100% continuous assessment

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*Part II: The following syllabuses are applicable to candidates who are admitted with “Enrolled Nurse” qualifications or equivalent.*

The Bachelor of Nursing (Part-time) Programme for Enrolled Nurses consists of 19 theoretical courses, and 5 practicum/ clinical courses which must be completed by all students.

### **THEORETICAL COURSES**

NURS1521	Professional Nursing Practice (6 credits)
NURS1522	Life Sciences (9 credits)
NURS1523	Nursing Care of the Adult (9 credits)
NURS1515	Health Assessment (6 credits)
NURS1520	Life Span Developmental Psychology (3 credits)
NURS1512	Social Context of Health and Illness (3 credits)
NURS2514	Clinical Pharmacology (3 credits)
NURS2505	Introduction to Chinese Medicine and Nursing (6 credits)
NURS2522	Nursing Care of the Childbearing Family and Children (9 credits)
NURS1514	Nursing Knowledge and Practice (6 credits)
NURS2517	Nursing Care of the Older Adult (6 credits)
NURS1513*	Promoting the Health of Individuals and Populations (6 credits)
NURS3511	Community Nursing and Public Health (6 credits)
NURS3504	Mental Health Nursing (6 credits)
NURS3505	Advanced Nursing Care of the Adult (3 credits)
NURS1516	Introduction to Statistics (6 credits)
NURS2506*	Management and Leadership in Health Care (6 credits)
NURS1517*	Introduction to Nursing Research (6 credits)
NURS2512*	Evidence Based Practice (6 credits)

### **CLINICAL COURSES**

NURS2518	Nursing Care of the Adult I (6 credits)
NURS2523	Specialty Nursing I (9 credits)
NURS3506	Nursing Care of the Adult II (6 credits)
NURS3512	Specialty Nursing II (12 credits)
NURS4502	Consolidation Practicum (24 credits)

Remarks: \* These courses are offered to both Enrolled Nurse and Registered Nurse students.

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Syllabuses are as follows:

### **FIRST YEAR**

#### **NURS1521 Professional Nursing Practice (6 credits)**

This course introduces students to the characteristics of professional nursing practice in today's health care system. Aspects of professional nursing are examined including the history and theoretical basis of the nursing profession, the profession as part of a wider health care community and delivery system, professional communication, and culturally sensitive nursing care in relation to the diversity of patients. Legal and ethical concerns of professional nursing practice are introduced as well as the impact of social, cultural, and technological influences on health care. Emphasis is placed on the critical thinking skills, knowledge, expertise, and personal and professional development required of nurses in today's diverse health care settings. This course also focuses on the contemporary professional, ethical and legal issues and trends that will affect the future of nursing in Hong Kong. Concepts relevant to the delivery of professional nursing, the health process, the health care delivery system and accountability will be addressed. Major ethical theories are presented and discussed in relation to current health care issues. The development of ethical decision-making within a professional role is emphasized.

Assessment: 40% continuous assessment; 60% examination

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#### **NURS1522 Life Sciences (9 credits)**

This course covers Physiology, Biochemistry and Microbiology. The course introduces the normal physiological functions of the human body and interrelationship between cells and organs. A major theme is the interaction of all body systems for the maintenance of a stable internal state, a condition called homeostasis. The foci are cellular function, the basis of chemical interaction, tissue level organization as well as metabolism. The concept of body functions in health and diseases is reinforced. Effects of aging on function of the human body as well as body's response to the pathological processes are also covered. Basic medical genetics covering DNA and chromosome structure, Mendelian genetics and the human genomes are included. This course contains both theory and laboratory components. This course also introduces the basic medical microbiology such as bacteria, viruses, fungi and parasites. Infections caused by the micro-organisms, their diagnosis and control are emphasized. It focuses on aspects of microbiology and infection which have particular relevance to nurses, in particular the causative microorganisms and reservoirs of infection, transmission of infectious diseases, hospital-acquired infection and principles and methods for infection control and prevention.

Assessment: 40% continuous assessment; 60% examination

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#### **NURS1523 Nursing Care of the Adult (9 credits)**

This course explores the impact of disabilities caused by acute and long-term health problems and the nurses' role in rehabilitation of these client and their families in hospitals and community settings. The development of the course is to continue the acquisition of knowledge and clinical skills in relation to the care of the adults in the acute care settings through the theoretical and stimulated practice in related clinical skills. This course also emphasizes the understanding of the general

principles and practice of nursing patients in the accident and emergency department and operating theatre; nursing care of clients with integumentary, haematological and immunological dysfunction. The principles and care of oncology nursing and palliative care are also introduced. This course explores disabilities caused by long term problems and rehabilitation following accidents or operations in the acute settings.

Assessment: 30% continuous assessment; 20% laboratory performance; 50% examination

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### **NURS1515 Health Assessment (6 credits)**

This course emphasizes on the refinement of the nurse's data collection and problem identification skills so that the clinician has the necessary foundation for making comprehensive health and illness assessments and care plans. The focus is on a systematic presentation of normal and abnormal findings through physical examination. This course provides students an opportunity to practice assessment skills in laboratories.

Topics include: brief overview of relevant anatomy and physiology, assessment of health & illness, data collection process & techniques, history taking, physical examination of all bodily system.

Assessment: 30% continuous assessment; 25% laboratory performance; 45% examination

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### **NURS1520 Life Span Developmental Psychology (3 credits)**

This course provides students with an introduction to developmental psychology and its application in the field of nursing. The developmental process is discussed from a systems perspective and within the Chinese cultural context. Throughout the course there is a balance between theory, research and practical application. Areas cover basic concepts in developmental change; theories of developmental; physical development; perceptual and cognitive development; development of language; attachment and emotional development; development of personality and social relationships; and moral development.

Assessment: 40% continuous assessment; 60% examination

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### **NURS1512 Social Context of Health and Illness (3 credits)**

This course provides students with opportunities to understand and analyze how society influences the individual. More specifically it enables them to understand and apply a social model of health and illness to their practice, discuss the social production and distribution of health and illness, understand aspects of the social construction of health and illness and describe the social organization of health care. It also enables them to apply sociological reasoning in the analysis of a social issue in health care.

Topics under the social production and distribution of health and illness include health care inequalities; and gender, "race", ethnicity and health status. Topics under the social construction of health and illness include health promotion, the body in health care and ageing dying and death. Within the social organization of health topics include professional powers and the organization of nursing work.

Assessment: 30% continuous assessment; 70% examination

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### **NURS2514 Clinical Pharmacology (3 credits)**

This course builds upon the fundamental principles in pharmacology and relevant knowledge pertaining to drugs in common use. It provides more in-depth understanding of pharmacokinetics and pharmacodynamics essential for administering and managing drug therapy nursing practice. The therapeutic effects and mechanisms of action of pharmacology related to clinical practice, the adverse reactions, toxic effects, interactions, precautions, contraindications and nursing implications pertaining to specific drugs are highlighted as well.

Assessment: 30% continuous assessment; 70% examination

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### **NURS2505 Introduction to Chinese Medicine and Nursing (6 credits)**

This course introduces the science of Traditional Chinese Medicine (TCM) in the management of health and illness with reference to the contemporary integrative approach to health care in Hong Kong. Focus is placed on the understanding of the principles of TCM practice and the nurse's role in facilitating clients to benefit from—the integrative system of health care. This course builds on students' theoretical and clinical background on the Western style of health care practice.

Topics include: Foundation of Traditional Chinese Medicine, pharmaceuticals and pharmacology of Chinese Medicine, toxicology of Chinese Medicine, legal aspects of pharmaceuticals in the PRC, complimentary and alternative therapies application of Chinese Medicine in nursing, management and effects of different Chinese Medicines in health and illness.

Assessment: 40% essay writing; 60% examination

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## **SECOND YEAR**

### **NURS2522 Nursing Care of the Childbearing Family and Children (9 credits)**

This course focuses on nursing care of childbearing families and children. Part I focuses on childbearing families care: Within the context of fostering students' analytical ability in clinical judgement, theoretical content related to nursing management of women with normal and high-risk pregnancies are addressed. While nurses' roles on health promotion, disease prevention, maintenance and restoration of health for maternity client, the fetus, and the family are highlighted, factors affecting individuals and families health practice during the perinatal experiences are explored. Part II focuses on the care of children (from infancy through adolescence): Health promotion and health maintenance are the central themes throughout each developmental stage. Common disorders of childhood are discussed, along with the nursing interventions and management. Nursing therapeutics for children who require hospitalization are presented with an emphasis on ways that caring for a child are different than caring for an adult. This course uses family-centered nursing models to guide nursing interventions and interactions. Emphasis is placed upon age appropriate communication skills and nursing interventions.

Assessment: 30% continuous assessment; 20% laboratory performance; 50% examination

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### **NURS1514 Nursing Knowledge and Practice (6 credits)**

This course locates contemporary nursing ideas and practices within a socio-historical context. It provides students with the opportunity to examine the changing nature of nursing knowledge and

practices. It also enables them to explore emerging trends in knowledge development which inform nursing practice and research with particular emphasis on the trend towards evidence based nursing.

Topics include: historical context of nursing knowledge and practice, evidence-based practice, knowledge development in nursing, theory-research-practice link, and changing nursing practice.

Assessment: 100% continuous assessment

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### **NURS2517 Nursing Care of the Older Adult (6 credits)**

This course explores the knowledge base required to plan, deliver and manage complex health problems experienced by older clients' populations requiring nursing interventions in both acute and extended care settings. It focuses on the conceptualization, integration, application and evaluation of knowledge from nursing theory, research and practice, and related disciplines, in providing solutions for complex health problems of these clients and their families. Health promotion and health maintenance as well as disease prevention to enhance clients' quality of life is also highlighted in the course.

Assessment: 40% continuous assessment; 60% examination

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### **NURS1513 Promoting the Health of Individuals and Populations (6 credits)**

This course is designed to equip students with the theoretical and practical knowledge necessary to promote the health of individuals, groups, and populations across the lifespan. A thorough investigation and application of models and strategies in health promotion will provide students with the necessary skills to identify health problems and to plan, implement, and evaluate health promotion programs using primary health care principles and population health promotion approaches. The course integrates theory related to health promotion, learning, motivation, behavioural change, and group dynamics.

Topics include: Health promotion models, theories, and concepts, principles of teaching and learning, role of the nurse in health promotion, health promotion competencies, health promotion needs across the lifespan, healthy public policy, social marketing, evolution of health promotion movement, contemporary population health approaches to health promotion, critique and evaluation of health promotion, issues and trends in health promotion, and ethical issues in health promotion.

Assessment: 50% continuous assessment; 50% examination

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### **NURS2518 Nursing Care of the Adult I (6 credits)**

The aim of this practicum is to extend and expand students' previous clinical experience and to consolidate their basic and intermediate clinical skills in general medical and surgical settings.

Assessment: 100% continuous assessment

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### **NURS2523 Specialty Nursing I (9 credits)**

*a) Obstetrics*

The aim of this practicum is to provide clinical experience in obstetric settings. Through observation and guided practice in nursing interventions for pregnant women, neonates and their families, students will be able to apply the knowledge of nursing process, communication, problem-solving and decision making in the maternal and neonatal units.

*b) Nursing Care of Children*

The aim of this practicum is to provide clinical experience in paediatric settings. Through clinical visits, observation and guided practice in various paediatric settings, students will be able to apply the knowledge of the nursing process, communication, problem – solving and decision making in paediatric units.

*c) Nursing Care of the Older Adult*

The aim of this practicum is to provide clinical experience in the geriatric settings. Through observation and guided practice in nursing interventions for older adults and their families, students will be able to apply the knowledge of nursing process, communication, problem-solving and decision making in the geriatric settings.

Assessment: 100% continuous assessment

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### **THIRD YEAR**

#### **NURS3506 Nursing Care of the Adult II (6 credits)**

This practicum aims to provide students the opportunities to apply and evaluate the advance and complex nursing care to clients and families in the medical & surgical units. Students will be able to apply the framework of nursing process, the knowledge of communication, problem-solving, and decision making in caring of clients with complex medical – surgical illness.

Assessment: 100% continuous assessment

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#### **NURS3511 Community Nursing and Public Health (6 credits)**

This course provides students with an overview of community and public health nursing theories and strategies related to the delivery of care to individuals and their families within the community and to the community as a whole. The course provides an analysis of the following concepts: health promotion, health maintenance and prevention of disease and disability of individuals, families and communities. Primary, secondary and tertiary prevention will be discussed as it pertains to the role of nursing within the multidisciplinary team system. Assessment of health needs of populations is discussed and populations at risk identified. The influences of government, the hospital medical industry and health care legislation on promotion of health are examined as they affect nursing and health care patterns in the community.

Topics include: the history of public health; determinants of health; overview of community assessment and introduction to community as partner model; tools for community assessment; community analysis and diagnosis; community assessment: demographics and epidemiology; community assessment: putting it all together; tobacco and health; family violence as a public health problem in Hong Kong; communicable disease control in Hong Kong: principles and practice; communicable disease control in Hong Kong: tuberculosis; data collection and analysis for community assessment; communicable disease control in Hong Kong; environmental health and public health; political action to improve public health; nursing care of client in the Home

Assessment: 40% continuous assessment; 60% examination

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### **NURS3504 Mental Health Nursing (6 credits)**

This course provides learners with basic concepts of mental health and mental disorders, and introduces to students the principles of mental health nursing. Positive concepts and promotion of mental health and the nurse's therapeutic skills are emphasized throughout the course.

Assessment: 40% continuous assessment; 60% examination

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### **NURS3505 Advanced Nursing Care of the Adult (3 credits)**

This course addresses the theoretical and scientific basis for management of complex medical-surgical conditions experienced by patients and nurse's role in promoting optimal functioning. Planning, implementing, and evaluating interventions based on data analysis is emphasized.

Assessment: 20% continuous assessment; 80% examination

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### **NURS1516 Introduction to Statistics (6 credits)**

This course provides an introduction to the basic statistical concepts and methods used in nursing and health research. The emphasis is on key statistical concepts and the interpretation of research data rather than on mathematical calculations. Practical application of the statistical methods and concepts will be demonstrated throughout the course.

Topics include: measurement principles, descriptive statistics, approaches to qualitative analysis, inferential data analysis, and interactive statistical analysis.

Assessment: 40% continuous assessment; 60% examination

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### **NURS3512 Specialty Nursing II (12 credits)**

#### *a) Community Nursing and Public Health*

The aim of this practicum is to provide clinical experience in the community settings. Through observation and guided practice in nursing interventions for adult and their families, students will be able to apply the knowledge of nursing process, communication, problem-solving and decision making in the community settings.

#### *b) Mental Health Nursing*

The aim of this practicum is to develop students' clinical competence through caring for patients with mental health problems in mental health settings. These are the specific and realistic expectations of learning outcomes. They are expressed in terms of growth in knowledge, attitude, and skills that individual student attains through the clinical experience.

#### *c) Accident and Emergency Unit and Operation Theatre*

The aim of this nursing practicum is to provide clinical experience in an Accident & Emergency (A&E) Department. Through observation and guided practice in nursing therapeutic interventions for

A&E patients and their families, students will be able to apply the knowledge of nursing process, communication and problem solving in the A&E settings.

*d) Operating Theatre Nursing:*

The aim of this practicum is to provide clinical experience in the Operating Theatre and Recovery Room. Through mainly observation and guided practice in nursing interventions for the patients undergoing surgery, students will be able to apply knowledge of the nursing process, problem solving and decision making in the Operating Theatre and Recovery Room.

Assessment: 100% continuous assessment

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## **FOURTH YEAR**

### **NURS4502 Consolidation Practicum (24 credits)**

This course comprises of Medical & Surgical Nursing Practicum. These practica aim to provide students the opportunities to apply and evaluate basic & higher level of nursing care to clients and their families in the medical-surgical settings. Through observation and guided practice of specific nursing interventions, students will be able to apply the framework of nursing process, to practice therapeutic communication skills, problem solving and decision making in caring clients with medical-surgical illnesses.

Assessment: 100% continuous assessment

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### **NURS2506 Management and Leadership in Health Care (6 credits)**

This course examines the evolving role of nurse as manager and leader within the contexts of the health care team, complex health care organizations, and the health care system. It also analyzes international trends of health care and their application to nurse leaders within the changing Hong Kong healthcare scene. This course also provides students with the concepts and skills to analyse, plan, manage, and evaluate health care teams, health care organizations, and health care systems. Emphasis will be on putting theory to practice and the focus of the course is on concepts and skills that are applicable to nursing practice in both acute care and community health care settings.

Topics include: management theories, leadership, team building, delegation, supervision and negotiation, politics, power and health care, continuous quality improvement, change management, stress management, conflict management, financing and resource management, performance appraisal, designing and managing health care teams and health care systems, and legal and ethical issues in health care.

Assessment: 30% continuous assessment; 70% examination

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### **NURS1517 Introduction to Nursing Research (6 credits)**

This course provides an overview of the research process aimed at helping students acquire basic research skills and knowledge of nursing research, and to appreciate its importance in nursing practice.

Topics include: purpose and types of research, defining research problems, conceptual and ethical context, research design, sampling procedures, data collection methods, measurement techniques, data quality, data analysis and interpretation.

Assessment: 40% continuous assessment; 60% examination

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### **NURS2512 Evidence Based Practice (6 credits)**

This course will focus on the review of nursing research literature and research utilization through evidence-based practice. Students will develop the knowledge and skills to review, appraise, and disseminate the findings of nursing and health-related research studies. Steps include formulating clear clinical questions based on patient problems, selecting appropriate resources, searching the literature for relevant clinical studies, accessing and evaluating the evidence for its validity and applicability, and the implementation of relevant research findings into clinical practice.

Topics include: formulating clinical questions, finding evidence, levels of evidence, critical appraisal, systematic review and meta-analysis, utilization of research findings, the dissemination of research findings through oral and written reports, and translational research.

Assessment: 40% continuous assessment; 60% examination

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