

**REGULATIONS FOR THE DEGREE OF  
BACHELOR OF NURSING (PART-TIME)  
(BNurs)**

*These regulations apply to candidates admitted to the first year of study in the academic year 2004-2005 and thereafter.*

*(See also General Regulations)*

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**N10** To be eligible for admission to the courses leading to the degree of Bachelor Nursing, an applicant

- (a) shall comply with the General Regulations;
  - (b) shall be registered as a nurse with the Nursing Council of Hong Kong or hold recognized equivalent qualifications;
  - (c) shall have completed a minimum of one year's experience as a registered nurse; and
  - (d) may be required to take a qualifying test of language ability and nursing knowledge.
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**N11** Candidates shall select their stream of study (general stream or specialist stream) specified in the syllabuses before the beginning of the second semester of the first year of study.

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**N12** To be eligible for the award of the degree, a candidate shall

- (a) comply with the General Regulations; and
  - (b) complete the curriculum as specified in the syllabuses and satisfy the Examiners in accordance with the regulations set out below.
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**N13** The curriculum shall extend over not less than two years but not normally more than three years of part-time study, with a minimum of 320 hours of prescribed work.

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**N14** To complete the curriculum a candidate shall

- (a) follow the courses of instruction presented in the syllabus; and
  - (b) satisfy the Examiners in each course module by continuous assessment and/or examination in the manner prescribed in the syllabuses.
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**N15** Teaching will commence in September each year and extend over two semesters.

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**N16**

- (a) Examinations shall be held at the end of each semester; the examination of candidates who are permitted to present themselves for re-examination or supplementary examination shall be held prior to the start of the next semester.
  - (b) A candidate must satisfy the Examiners in all prescribed course modules of the degree curriculum to be eligible for award of the degree.
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**N17**

- (a) A candidate who fails to satisfy the Examiners in any prescribed course modules may be permitted:
  - i) to present themselves for re-examination or supplementary examination; or
  - ii) to repeat that course module in the next or a subsequent academic year and to take the prescribed examination.

- (b) A candidate who is unable to satisfy the Examiners in the repeated course module may be required to discontinue his/her studies.

**N18** A candidate who is unable, because of illness, to be present for any paper at any part of the examinations may apply for permission to present himself at a supplementary examination to be held before the commencement of the next part of the curriculum. Any such application shall be made on the prescribed form within two weeks of the candidate's absence from the examination. Any supplementary examination shall constitute a first attempt in the part of the examination.

**N19** The degree of Bachelor of Nursing, shall be awarded in five divisions as follows: First Class Honours; Second Class Honours, First Division; Second Class Honours, Second Division; Third Class Honours; and Pass.

To be eligible for the award of the degree of Bachelor of Nursing (Part-time), candidates shall pass all course modules in the two years of studies.

## **SYLLABUSES FOR THE DEGREE OF BACHELOR OF NURSING (PART-TIME)**

The Bachelor of Nursing (Part-time) Programme consists of nine core courses, which must be accomplished by nurses both from generic and public health streams.

### **CORE COURSES**

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| NURS1504 | Health Promotion and Health Education I (20 hours)                  |
| NURS1505 | Information Management (20 hours)                                   |
| NURS1506 | Nursing & Public Health (40 hours)                                  |
| NURS1507 | Psychosocial Influences on Health & Illness (40 hours)              |
| NURS2504 | Health Assessment (40 hours)  |
| NURS2505 | Introduction to Chinese Medicine & Alternative Therapies (20 hours) |
| NURS2506 | Management & Leadership (20 hours)                                  |
| NURS2507 | Nursing Research (40 hours)   |
| NURS2508 | Nursing Theory (20 hours)   |

### **FOUNDATION COURSES**

For generic stream, students are required to take the following foundation courses:

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| NURS1508 | Biological Sciences (40 hours) |
| NURS2509 | Statistics (20 hours)          |

For public health stream, students are required to take the following foundation courses:

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| NURS1509 | Families in Health & Illness (20 hours)             |
| NURS1510 | Health Promotion and Health Education II (20 hours) |
| NURS2510 | Epidemiology and Population Health (20 hours)       |

Syllabuses are as follows:

## **CORE COURSES**

### **NURS1504 Health Promotion & Health Education I**

This course will examine the concepts and models of health promotion and health education. It also introduces students to the basic principles of teaching and learning and promotes students' understanding of concepts in primary health care which is the major premise in improving health status.

Topics include: concepts of health and illness, individual health, family health, community health, the health care delivery system in HK, primary health care, health promotion, levels of health care and prevention, principles of teaching and learning, teaching role of the nurse, theory, practice and models of health education, tobacco and health, and sexuality.

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### **NURS1505 Information Management**

This course introduces students to the concepts of information analysis and management and their relevancy to health care practice. Students will have the opportunity to gain hands-on experience in searching large health-research databases and critically reviewing the published literature. This course will also introduce students to nursing informatics and the information management systems used by health care organizations in Hong Kong. This course will enhance students' behaviours in self-directed learning thereby developing their life-long learning skills.

Topics include: Computer literacy skills, computerized health-research databases, literature search skills, critical appraisal, scholarly writing, nursing informatics, and health information management systems.

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### **NURS1506 Nursing and Public Health**

This course provides an overview of the major concepts central to nursing and public health within a primary health care framework. Factors that influence the health of families, communities, and population groups will be discussed. Models for community assessment will be presented and will introduce students to the process of assessing the health status of communities and populations. Using an epidemiological approach, students will identify actual and potential population health care needs and will develop acceptable strategies to meet those needs within a primary health care framework.

Topics include: concepts of health and wellness; primary health care in Hong Kong; historical development of public health; determinants of health; preventive health at individual, family, and community level; community needs assessment; epidemiological concepts; primary health care approaches to health problems; communicable disease control; home visiting; working with vulnerable populations; evaluation of health programs.

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### **NURS1507 Psychosocial Influences on Health and Illness**

This course provides opportunity for students to explore further human development and related issues in health and illness, behavioral change, socio-political and cultural influences on health and health promotion. The course further explores the psychosocial issues in health behavior and nursing practice both at the individual and community levels. It also highlights the enhancement of interpersonal communication skills that will facilitate therapeutic and professional relationships.

Topics include: theories of human development and applied issues, behavioral change in relation to health and illness, behavioral motivation, psychosocial responses to illness and hospitalization, spiritual dimensions of health, socio-cultural determinants of physical and mental health in general and within the Hong Kong context, effective interpersonal communication in nursing practice.

**NURS2504 Health Assessment**

This course emphasizes on the refinement of the nurse's data collection and problem identification skills so that the clinician has the necessary foundation for making comprehensive health and illness assessments and care plans. The focus is on a systematic presentation of normal and abnormal findings through physical examination. This course provides students an opportunity to practice assessment skills in laboratories.

Topics include: brief overview of relevant anatomy and physiology, assessment of health & illness, data collection process & techniques, history taking, physical examination of all bodily system.

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**NURS2505 Introduction to Chinese Medicine & Alternative Therapies**

This course introduces the science of Traditional Chinese Medicine (TCM) and other alternative therapies in the management of health and illness with reference to the contemporary integrative approach to health care in Hong Kong. Focus is placed on the understanding of the principles of TCM practice and other alternative therapies, and the nurse's role in facilitating clients to benefit from the integrative system of health care. This course builds on students' theoretical and clinical background on the Western style of health care practice.

Topics include: Foundation of Traditional Chinese Medicine, pharmaceuticals and pharmacology of Chinese Medicine, toxicology of Chinese Medicine, legal aspects of pharmaceuticals in the PRC, evolution in complimentary alternative medicine, application of Chinese Medicine in nursing, management and effects of different alternative therapies in health and illness.

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**NURS2506 Management & Leadership**

This course examines the evolving role of nurse as manager and leader within the contexts of the health care team, complex health care organizations, and the health care system. It also analyzes international trends of health care and their application to nurse leaders within the changing Hong Kong healthcare scene. This course also provides students with the concepts and skills to analyse, plan, manage, and evaluate health care team, health care organization, health care programs and systems. Emphasis will be placed on putting theory to practice. Student will participate through different activities and projects to understand health care management and leadership.

Topics include: management theories, leadership, team building, continuous quality improvement, change management, stress management, conflict management, financing and resource management, performance appraisal, designing and managing programmes, health promotion programme evaluation procedures and standards

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**NURS2507 Nursing Research**

This course builds on students' knowledge and understanding in research so as to develop their skills in the critical analysis of nursing research and to use it to advance the discipline and practice of nursing. Emphasis is placed on analyzing and evaluating the contexts for nursing research, research designs use for clinical nursing problems, measurement techniques and data quality. Criteria for research utilization are used to evaluate the relevance of research findings for nursing theory, research and practice.

Topics include: research process, research designs and methodologies, ethical and legal considerations in research, preparation for research proposal, research critique.

**NURS2508 Nursing Theory**

This course aims to promote student's understanding of nursing theory by exposing them to various nursing concepts, theories, and models; opportunity is provided to encourage students' application of selected nursing theories / models to local settings, presenting criteria for critical analysis and evaluation of the selected nursing theories. The linking of theory, practice, and research is emphasized with special reference to the Chinese culture in relation to health and caring.

Topics include: concept analysis, relationship of ideas/concepts to models / theories of nursing, philosophy and metaparadigm of nursing, evolution of nursing theories, creation of knowledge, use of theories in other disciplines and their relevancy to nursing, theory evaluation.

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**FOUNDATION COURSES FOR GENERIC STREAM****NURS1508 Biological Sciences**

This course deepens and broadens students' understanding and knowledge on the relevance of human biology, physiology, microbiology, pharmacology to the practice of nursing. Emphasis is placed on how common pathophysiological conditions cause diseases in individual. The study on genetic is included as this helps students to understand the hereditary basis of diseases. Basis of drug therapies applied to different health problems are discussed in the course. Hospital epidemiology is also highlighted.

Topics include: cell physiology, genetics and embryology, systemic circulation, ventilation, gas diffusion and transport, immunophysiology and body defense, muscle contraction, pharmacodynamics and pharmacokinetics, metabolism, homeostasis, acid-base balance, fluid and electrolytes balance, bodily coordination - nervous and endocrine, bacteria and viral infections, hospital epidemiology.

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**NURS2509 Statistics**

This course provides an introduction to the concepts of statistical reasoning and its application in data analysis for nursing and health research. Practical application of the methods will be demonstrated throughout the course.

Topics include: measurement principles, descriptive statistics, approaches to qualitative analysis, inferential data analysis, and interactive statistical analysis.

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**FOUNDATION COURSES FOR PUBLIC HEALTH STREAM****NURS1509 Families in Health and Illness**

This course is designed to facilitate the understanding of a systems approach to care of families experiencing health problems. Emphasis will be on exploring with the family their meaning of health, how the family maintains health and changes in family functioning as a result of a health problem. Nursing assessment and intervention strategies will be based on theory and clinical skills within the context of the family.

Topics include: assessment and intervention of families experiencing life shortening illness, families experiencing chronic illness and families experiencing psychosocial problems. The Calgary Family Assessment Model (CFAM) and the Calgary Family Intervention Model (CFIM) will provide the framework for assessment and intervention strategies.

**NURS1510 Health Promotion & Health Education II**

The students are expected to apply the knowledge acquired in Health Promotion and Health Education I, and plan, implement, and evaluate a health promotion project based on the current practice of public health nursing.

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**NURS2510 Epidemiology and Population Health**

This course will provide an introduction to epidemiological and demographic methods and will assist students in applying these methods to clinical practice. The course will cover concepts of disease causation and the natural history of disease. Through descriptive and analytic epidemiological methods students will examine patterns of disease and illness and the determinants of the health status of whole populations.

Topics include: etiology and the natural history of disease; descriptive and analytical epidemiology; disease surveillance and screening; epidemiology and the control of infectious diseases; epidemiology and the control of non-infectious diseases; environmental health; using epidemiological data in health planning and evaluation.